

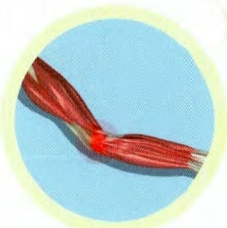
## Causes of Tendon Pain

Tendons are strong, flexible bands of connective tissue that connect muscle to bone, and transmit the energy needed to allow muscles and bones to create movement. Tendon injuries can result from activities that involve repetitive motion, and over time these injuries can generate micro-tears within the collagen fibers of the tendon. When a tendon is unable to heal, scar tissue can form which may cause pain and limit range in motion.

## Frequent Areas of Tendon Pain



Shoulder Tendinitis



Elbow Tendinitis



Knee Tendinitis



Achilles Tendinitis



Plantar Fasciitis

## Frequently Asked Questions

### Will I feel any pain during the TenJet procedure?

At the beginning of the procedure you may feel some discomfort when the physician administers a local anesthetic. After your treatment, you may feel some soreness in the treated area which can be relieved with over the counter medications.

### How long will my recovery take?

On average, you should experience pain relief within 3 months of treatment. Individual results may vary and your physician will guide your post treatment recovery plan.

### Will I need stitches after my treatment?

No. Due to TenJet's minimally invasive approach, stitches are not needed.

### Is TenJet covered by insurance?

Yes. The TenJet procedure is covered by most insurance providers.

# Treating Chronic Tendon Pain at the Source



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**TenJet**<sup>®</sup>  
Percutaneous  
Hydrotenotomy System